



Hello from

NADCELL Mindcare

**Advanced Wellness and Medical
Aesthetics Clinic | Glasgow**

#beNADCELL



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Hello,

NADCELL Mindcare clinic is an advanced wellness and medical aesthetics clinic based in Glasgow.

Since 2021 we have been helping clients improve their well being through clinically led assessments and advanced wellness treatments designed to restore energy, support recovery and optimise health from the inside out.

We believe modern healthcare should do more than simply treat illness. At NADCELL Mindcare we combine advanced diagnostics, preventative medicine, mental wellness support and regenerative aesthetics to deliver personalised care that supports both physical vitality and emotional well being.

This guide will introduce our services, philosophy and approach to helping you achieve optimal well being through tailored, evidence based care.

Preventative therapies shaped for today.

We look forward to welcoming you soon.

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Longevity & Preventative Medicine

Healthy ageing starts with understanding your body. We focus on prevention, optimisation and early detection through advanced diagnostics and personalised healthcare. Our goal is to help you improve energy, resilience, vitality and long-term wellbeing.

Our services include:

- Comprehensive blood testing
- Vitamin & nutritional assessments
- Metabolic health optimisation
- Weight management support
- IV nutrient therapy
- NAD+ support therapies
- Hormonal & wellbeing assessments
- Immune & energy support
- Neuropoint assessment



Regenerative Aesthetics

Natural-looking aesthetic medicine focused on healthy ageing and skin quality. Our regenerative approach combines advanced technologies and personalised treatment plans to support confidence and facial rejuvenation. Our philosophy is to ensure subtle, refreshed and natural-looking results.

Our treatments include:

- Botulinum toxin treatments
- Migraine & hyperhidrosis toxin therapy
- Skin boosters
- Regenerative skin treatments
- Preime multi-step facial technology
- Dermalux LED therapy
- Chemical peels
- Hair restoration therapies
- Collagen-supporting treatments



Mental Wellness and Recovery

Recovery is the foundation of modern wellbeing. Stress, burnout, poor sleep and nervous system overload can affect energy, mood, skin, hormones and overall health. At NADCELL Mindcare we focus on supporting both physical and emotional wellbeing. Our goal is to help patients feel calmer, mentally clearer and physically restored.

Our wellness and recovery support includes:

- Stress and fatigue support
- Nervous system optimisation
- TES therapy - neurostimulation
- SATORI chair - vibroacoustic therapy
- VR neurotherapy
- Hydrogen and O2 therapies
- Relaxation and recovery therapies
- Sleep and resilience support
- Brain health optimisation
- Emotional wellbeing support
- Lifestyle & recovery guidance



Personalised Medicine

We understand that every patient is different. At NADCELL Mindcare we follow a doctor-led, evidence-based and diagnostics-driven approach tailored to you. We deliver personalised health strategies to improve energy, body composition, cognitive performance and long term vitality. We take time to listen, investigate, explain and personalise your treatment recommendations to help you be at your best.

Why Patients Choose NADCELL Mindcare:

- Doctor-led clinic
- Personalised treatment plans
- Evidence-based approach
- Calm and professional environment
- Integrated health and aesthetics philosophy
- Focus on prevention and recovery
- Modern longevity-focused care



Why choose us?



**EXPERT MEDICAL
TEAM**



**FIRST CLASS
SERVICE**



**GROUND BREAKING
TREATMENTS**



ALL ABOUT YOU



**1:1
CONSULTATION
FROM £35**

What our customers say...



"I attend Nadcell for vitamin C infusions and I can only praise their first-class customer service. From start to finish, you are exceptionally well looked after. The team is attentive, caring, and genuinely focused on your individual needs. The level of personalisation makes a real difference, and I feel completely safe and supported throughout every visit. I truly trust the way they look after me and would highly recommend Nadcell to anyone considering treatment."



"I recently had a blood test at this clinic and had a very positive experience. The staff were kind and professional and even though it was a bit difficult to find a vein, they handled it carefully and made the procedure comfortable and painless.

The results came back quickly and Dr. Alexander kindly sent them to me on WhatsApp since I couldn't come in person. He also explained everything clearly and gave helpful advice about my results and which vitamins I should take. Overall, great service and care I would definitely recommend this clinic."



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Scan QR Code to book your consultation and start your
NADCELL Mindcare journey today.



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