Recent TES (tES) Treatment Articles – Curated List

Title	Date	Journal	Link
Transcranial Electrical Stimulation in Treatment of Depression: A Systematic Review and Meta-Analysis	2025-06-18	JAMA Network Open	https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2835422
Personalized High-Definition Transcranial Direct Current Stimulation for the Treatment of Depression: A Randomized Clinical Trial	2025-09-11	JAMA Network Open	https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2838763
Home-based transcranial direct current stimulation treatment for major depressive disorder: a fully remote phase 2 randomized sham-controlled trial	2024-10-21	Nature Medicine	https://www.nature.com/articles/s41591-024-03305-y
Evaluating the effects of tDCS on depressive and anxiety symptoms from a transdiagnostic perspective: a systematic review and meta-analysis of randomized controlled trials	2024-07-18	Translational Psychiatry	https://www.nature.com/articles/s41398-024-03003-w
Guideline for the clinical application of transcranial alternating current stimulation (tACS)	2025-05-05	Chinese Medical Journal	https://journals.lww.com/cmj/fulltext/2025/05050/guideline_for_the_clinical_application_of.3.aspx
Neuroplastic effects of transcranial alternating current stimulation (tACS): from mechanisms to clinical trials	2025-03-12	Frontiers in Human Neuroscience	https://www.frontiersin.org/articles/10.3389/fnhum.2025.1548478/full
The effectiveness of home-based transcranial direct current stimulation on chronic pain: A systematic review and meta-analysis	2024-11-26	Digital Health	https://pubmed.ncbi.nlm.nih.gov/39600390/
Transcranial Electrical Stimulation: Clinical Implication and Practice for Treatment of Psychiatric Illness	2024-08-31	Clinical Psychopharmacology and Neuroscience	https://pubmed.ncbi.nlm.nih.gov/39069679/